Foundation Pizza Kitchen
Major Allergens Updated 5/4/2024

| Menu Item | Vegan? | Gluten \& Wheat | Milk | Soy | Allium | Eggs | Sesame | Fish | Crustaceans | Shellfish | Nuts | OTHER |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| PIZZAS |  |  |  |  |  |  |  |  |  |  |  |  |
| All square pizzas (DOUGH) | $\checkmark$ | X |  | X |  |  |  |  |  |  |  |  |
| Gluten Free pizza dough | $\checkmark$ |  |  | X |  |  |  |  |  |  |  | Label says "MAY CONTAIN EGGS AND MILK" but not in the ingredient list. |
| Cheese Pizza (no toppings) | $\square$ | X | X | X | X |  |  |  |  |  |  |  |
| Buffalo Chicken Pizza | $\square$ | X | X | X | X | X |  |  |  |  |  | Celery |
| Hot Buzz Pizza | $\square$ | X | X | X | X |  |  |  |  |  |  |  |
| Caprese Pizza | $\square$ | X | X | X | X | X |  |  |  |  |  |  |
| Spice It Up! Chickpea/Garlic | $\checkmark$ | X |  | X | X |  |  |  |  |  |  |  |
| Cheeseburger Pizza |  | X | X | X | X | X |  |  |  |  |  |  |
| Magic Mushroom Pizza | $\square$ | X | X | X | X |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| SNACKS |  |  |  |  |  |  |  |  |  |  |  |  |
| Cheezy Bread | $\square$ | X | X | X | X |  | X |  |  |  |  |  |
| Giant Pretzel | $\checkmark$ | X |  | X |  |  |  |  |  |  |  |  |
| Hummus Plate | $\checkmark$ | X |  | X | X |  | X |  |  |  |  |  |
| Zachos | $\square$ |  | X |  | X |  |  |  |  |  |  |  |
| Chips \& Salsa | $\checkmark$ |  |  |  | X |  |  |  |  |  |  |  |
| Chips \& Dip | $\square$ |  | X |  | X |  |  |  |  |  |  |  |
| Buffalo Queso Dip | $\square$ | X | X |  | X |  |  |  |  |  |  | Gluten from the beer in the queso, but no wheat |
| Red Snapper hot dogs | $\square$ |  |  |  |  |  |  |  |  |  |  | Butter on griddle, but no milk in the dogs |
| Hot dog buns | $\square$ | X | X |  |  | X |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| SIDES |  |  |  |  |  |  |  |  |  |  |  |  |
| Pizza Sauce | $\checkmark$ |  |  |  | X |  |  |  |  |  |  |  |
| Ranch | $\square$ |  | X | X | X | X |  |  |  |  |  |  |
| Blue Cheese | $\square$ |  | X | X | X | X |  |  |  |  |  |  |
| Beer Cheese | $\square$ | X | X |  | X |  |  |  |  |  |  | Gluten from the beer, but no wheat |
| Spicy Mustard | $\checkmark$ |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
| DESSERTS |  |  |  |  |  |  |  |  |  |  |  |  |
| Chocolate Chunk Cookies | $\square$ | X | X | X |  | X |  |  |  |  |  |  |
| Snickerdoodles | $\square$ | X | X |  |  | X |  |  |  |  |  |  |
| Rice Krispie Treats | $\square$ | X | X |  |  |  |  |  |  |  |  | Not GF because Rice Krispies have malt sugar |

