

# Foundation Brewing Company Allergen Data



Updated 3/26/2025

All products are vegetarian/vegan unless they contain milk/lactose, and contain gluten/barley unless noted.

Brand Name	Milk/Lactose	Wheat	Oats	Other Ingredients of Note
Afterglow				Simcoe, Galaxy
Burnside			✓	N/A
Epiphany			✓	Citra, Ella, Mosaic
Fetch		✓	✓	Citra, Idaho 7, Simcoe
Riverton Flyer				Hallertau, Tettnang
Zesty Original Lemonade				Gluten Free Ingredients, Lemon, Cane Sugar
Bedrock			✓	N/A
Berry Crumble Jam	✓	✓		Blackberry, Blueberry, Cranberry
Bocce Pils				Loral
Coffee Burnside			✓	Columbian Coffee Beans
Dark Omen	✓		✓	N/A
Eddy		✓	✓	Crystal
Emerald Mane				Citra, Simcoe
Forest City				Corn

For additional information, please email us at [beerme@foundationbrew.com](mailto:beerme@foundationbrew.com)



<b>Brand Name</b>	<b>Milk/Lactose</b>	<b>Wheat</b>	<b>Oats</b>	<b>Other Ingredients of Note</b>
Forge			✓	Centennial
Jam Packed Berry Trifle	✓	✓		Strawberry, Blueberry, Vanilla Beans
Josef				Saaz
Kangaroo Crossing		✓	✓	Galaxy, Ella
La Luz				Key Lime, Corn
Let's Do Brunch	✓		✓	Coffee Beans, Cinnamon Sticks, Vanilla Beans, Graham Cracker (contains Soy)
Lilith				Saaz
Luna Brava				Corn
Mako		✓	✓	Strata, Cryo Pop, Exp.602
Mangos Don't Cry			✓	Mango, Pineapple, Vanilla Beans
Mind the Gap				East Kent Goldings
Raspberry's My Jam	✓	✓		Raspberry, Blackberry
Reforged			✓	Vanilla Beans
S'More Love	✓		✓	Graham Cracker, Chocolate, Vanilla Beans, Marshmallow Flavor
Snowsuit IPA		✓	✓	Mosaic Cryo, Idaho 7 Cryo, Cryo Pop
Tropical Jam	✓	✓		Guava, Pineapple, Passionfruit
Zuurzing		✓	✓	Cascade

For additional information, please email us at [beerme@foundationbrew.com](mailto:beerme@foundationbrew.com)