

# Foundation Brewing Company Allergen Data



Updated 3/21/2026

All products are vegetarian/vegan unless they contain milk/lactose, and contain gluten/barley unless noted.

Brand Name	Milk/Lactose	Wheat	Oats	Other Ingredients of Note
Afterglow				Simcoe, Amarillo
Burnside			✓	N/A
Epiphany			✓	Citra, Ella, Mosaic
Fetch		✓	✓	Citra, Idaho 7, Simcoe
Riverton Flyer				Hallertau, Tettnang
Zesty Original Lemonade				Gluten Free Ingredients, Lemon, Cane Sugar
Bedrock			✓	N/A
Berry Crumble Jam	✓	✓		Blackberry, Blueberry, Cranberry
Berry Pineapple Jam	✓	✓		Pineapple, Blueberry, Strawberry
Bocce Pils				Loral
Coffee Burnside			✓	Guatemalan Coffee Beans
Eddy		✓	✓	Crystal
Forest City				Corn
Gretel				Tettnang

For additional information, please email us at [beerme@foundationbrew.com](mailto:beerme@foundationbrew.com)



<b>Brand Name</b>	<b>Milk/Lactose</b>	<b>Wheat</b>	<b>Oats</b>	<b>Other Ingredients of Note</b>
Jam Packed Bueberry Pie	✓	✓	✓	Blueberry, Vanilla Beans, Nutmeg
Josef				Saaz
La Luz				Key Lime, Corn
Let's Do Brunch	✓		✓	Coffee Beans, Cinnamon Sticks, Vanilla Beans, Graham Cracker (contains Soy)
Lilith				Saaz
Mako		✓	✓	Strata, Cryo Pop, Exp.602
Mangos Don't Cry			✓	Mango, Pineapple, Vanilla Beans
Mind the Gap				East Kent Goldings
Prototype 11		✓	✓	Krush Cryo, Idaho 7 Cryo, Cryo Pop, Chinook Cryo
Prototype 12				Simcoe, Citra, Columbus, Chinook
Raspberry's My Jam	✓	✓		Raspberry, Blackberry
Reforged			✓	Vanilla Beans
S'More Love	✓		✓	Graham Cracker, Chocolate, Vanilla Beans, Marshmallow
Snowsuit IPA		✓	✓	Mosaic Cryo, Idaho 7 Cryo, Cryo Pop
Swimsuit IPA		✓	✓	Krush, Citra, Idaho 7
Vienna Lager				HBC 1134
Zesty Blueberry Lemonade				Gluten Free Ingredients, Lemon, Blueberry, Cane Sugar

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